



**Public Forum  
Sunday, 9 May 2010**

Organised by



**Persatuan SLE Malaysia**

Sponsored by



**Venue: Auditorium, 5th Floor, Tun Hussein Onn National Eye Hospital  
No. 2, Lorong Utara B, Off Jalan Utara, 46200 Petaling Jaya**

8:00 a.m.	Registration starts. Breakfast served in the foyer.
9:00 a.m.	<b>Welcome address</b> by Persatuan SLE Malaysia President, Assoc. Prof. Dr. Esha Das Gupta. Cutting the World Lupus Day cake.
<b>Note: Mandarin session participants to adjourn to the Annexe Room</b>	
9:15 a.m.  <i>BM/Eng. Mandarin</i>	<b>How SLE May Affect Your Body</b> Learn how the various organs can be involved in SLE and the signs & symptoms. <b>by Dr. Heselynn Hussein, Consultant Rheumatologist, Hospital Putrajaya</b> <b>Mandarin Session by Dr. Loo Kok Lim, Consultant Rheumatologist, Hospital Pantai Ipoh</b>
10:00 a.m.  <i>BM/Eng. Mandarin</i>	<b>The Different Kinds of Medications in SLE</b> Understand how SLE is treated and why your doctor prescribed the medications for you. <b>by Assoc. Prof. Dr. Amir Zain, Consultant Rheumatologist, Universiti Malaya Medical Centre</b> <b>Mandarin Session by Dr. Loo Chee Yean, Consultant Nephrologist, UKM Medical Centre</b>
10:45 a.m.  <i>BM/Eng. Mandarin</i>	<b>Common Side-Effects of Your Medications</b> Knowing the common side-effects of your medications can help to lessen any anxieties. <b>by Assoc. Prof. Dr. Esha Das Gupta, Consultant Rheumatologist, Hospital Seremban</b> <b>Mandarin Session by Dr. Loo Kok Lim, Consultant Rheumatologist, Hospital Pantai Ipoh</b>
11:10 a.m.  <i>BM/Eng. Mandarin</i>	<b>“Doctor, Doctor, What Should I Eat?”</b> Although there is no special diet in SLE, certain foods may help. <b>by Assoc. Prof. Dr. Esha Das Gupta, Consultant Rheumatologist, Hospital Seremban</b> <b>Mandarin Session by Dr. Loo Kok Lim, Consultant Rheumatologist, Hospital Pantai Ipoh</b>
11:30 a.m.	Coffee/tea break served in the foyer
<b>Note: Mandarin session participants to re-join the BM/Eng session in the Auditorium</b>	
11:45 a.m.  <i>BM/Eng.</i>	<b>Taking Care of Yourself</b> SLE patients have to be careful about your health. Learn how to take care of yourself. <b>by Dr. Cheah Tien Eang, Lecturer, Universiti Malaya Medical Centre</b>
12:15 p.m.  <i>BM/Eng.</i>	<b>Taking Care of Your Eyes</b> Some medications may affect your eyes. Learn how to take care of your eyes. <b>by Dr. Jenny P. Deva, Consultant Ophthalmologist, Tun Hussein Onn National Eye Hospital</b>
12:45 p.m.  <i>BM/Eng.</i>	<b>Having SLE and Thinking Positively About It</b> Positive thinking can help you through difficult times. Learn how to think positively. <b>by Dr. S. Sargunan, Consultant Rheumatologist, Universiti Malaya Medical Centre</b>
1:15 p.m.	Lunch served in the foyer.